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The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child

Jay Gordon

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THE ADD AND ADHD CURE

"*The ADD and ADHD Cure* will be welcomed by parents who reject drug protocols and/or whose children have not been successfully treated with drugs. I highly recommend this important and groundbreaking new book."
—Jenny McCarthy

"I rely on Dr. Jay for more than my children's health. No matter what I call about-concerns about a sick kid, a parenting question, or worries about nutrition-Dr. Jay has answers and presents them in the most parent-friendly way."
—Julia Roberts

"Dr. Jay's support will be a fantastic gift for parents facing ADD/ADHD. His words come from decades of experience and a wealth of real concern and compassion for your child and your family."
—Matt and Lucy Damon

"Every new parent sometimes feels in the dark. Dr. Jay has been a constantly bright light and guide. We can't say enough great things about him or adequately express our gratitude for the patient, honest, intelligent, compassionate care he has given to our children. We enthusiastically support him and his book."
—Casey Affleck and Summer Phoenix

"This empowering book will teach, inspire, and coach your entire family to break the unhealthy nutritional habits that prevent you and your children from living healthy, focused lives."
—Tobey and Jennifer Maguire

"With this guide, you can go from panic mode into proactive mode. You can take charge of your child's health-naturally."
—Tea Leoni and David Duchovny

"I have watched Dr. Jay Gordon care for children and families who needed his skill and experience as they faced ADD and other tough diagnoses. His techniques and advice will guide you from a medication-oriented treatment to sensible, scientific nutritional and behavioral care."
—Edison de Mello, M.D., Ph.D., Director and founder, The Akasha Center for Integrative Medicine

If you’re hesitant about giving your child prescribed medication for hyperactivity, read *The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child*. Using the helpful information in this book, you can decide whether your child really does have ADD or ADHD, how you can cure the problem naturally with nutrition, and how to redirect your child’s focus. Don’t simply mask the symptoms with drugs; instead, follow and safe and effective non-drug protocol practiced by Dr. Jay Gordon for more than three decades.

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From reader reviews:

Donald Andrews:

Why don't make it to become your habit? Right now, try to ready your time to do the important take action, like looking for your favorite guide and reading a e-book. Beside you can solve your problem; you can add your knowledge by the e-book entitled The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child. Try to stumble through book The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child as your friend. It means that it can to be your friend when you experience alone and beside regarding course make you smarter than in the past. Yeah, it is very fortuned for you personally. The book makes you far more confidence because you can know almost everything by the book. So , let's make new experience along with knowledge with this book.

Francis Rutland:

In this 21st hundred years, people become competitive in every way. By being competitive right now, people have do something to make these survives, being in the middle of the crowded place and notice simply by surrounding. One thing that occasionally many people have underestimated it for a while is reading. That's why, by reading a guide your ability to survive raise then having chance to remain than other is high. For you personally who want to start reading any book, we give you that The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child book as starter and daily reading publication. Why, because this book is greater than just a book.

Gloria Lafreniere:

Many people spending their moment by playing outside together with friends, fun activity using family or just watching TV 24 hours a day. You can have new activity to shell out your whole day by studying a book. Ugh, do you consider reading a book can actually hard because you have to bring the book everywhere? It okay you can have the e-book, delivering everywhere you want in your Smart phone. Like The ADD and ADHD Cure: The Natural Way to Treat Hyperactivity and Refocus Your Child which is keeping the e-book version. So , why not try out this book? Let's view.

William Littlejohn:

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