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La Parilla: The Mexican Grill

Reed Hearon

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La Parilla: The Mexican Grill Reed Hearon
From the tropical coast of Quintana Roo to the rugged countryside of northern Mexico, the grill--*la parilla*--defines the essence of Mexican cooking. Acclaimed chef Reed Hearon's exciting new cookbook explores the limitless range of possibilities for grilling, Mexican style, with over 80 sensational recipes for everything from a simple snack to a fullfledged fiesta. Easy-to-follow instructions for creating sumptuous appetizers, entrees, and even desserts ensure carefree grilling, indoors or out. Topped with one of Hearon's scintillating signature marinades, salsas, or dry-rub *recados*, fish, meat, poultry, vegetables, and fruits sizzle to perfection. With a section on both grilling techniques and alternative cooking methods that do not require a grill, as well as a listing of sources specializing in unusual ingredients, this lavishly photographed volume makes it easier than ever to add a Mexican accent to any table.

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