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Ages and Stages: A Parent's Guide to Normal Childhood Development

Charles E. Schaefer, Theresa Foy DiGeronimo

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A comprehensive parent's guide to your child's psychological development from birth through age 10 Written in an engaging, practical style, Ages and Stages offers you the benefits of the most current research on child development, featuring helpful tips and techniques to foster your child's maturation. Charles Schaefer and Theresa Foy DiGeronimo tell you what behaviors you can expect as your child grows and how you can help him or her to advance to the next level of development. They include numerous examples, stories, and activities you can use immediately to positively influence your child's development. The book's structure (divided into four stages of child development--birth to 18 months, 18 to 36 months, 36 months to age six, and six to ten years) allows you to monitor your child's progress, identify the reasons for emotional and psychological differences in siblings, and even determine how your parenting strategies should change as your child grows.
* Covers all five areas of psychological health--emotional, cognitive, friendship/relationships, personal growth, and morality
* Filled with easy-to-follow Do's and Don'ts, plus fun activities and exercises to encourage your child's development
* Helps you assess if and when your child may need professional intervention

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