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The Adventurous Chef: Alexis Soyer

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In 1837, when Alexis Soyer was just twenty-five years old, he became head chef at the exclusive Reform Club in London on the condition that he be allowed to participate in the design of the kitchen. The result was a showplace filled with Soyer's clever inventions, such as the drainer and the multi-egg poacher, and it became the most talked about kitchen in all of Europe. Soyer quickly established himself as a star, but for all his flamboyance he was practical and large-hearted, cooking for the starving populace as well as the aristocracy, opening soup kitchens during the Irish potato famine, and teaching the army how to feed itself in the Crimean War.

Filled with biographical detail and lively illustrations, *The Adventurous Chef* tells the story of a remarkable man who was determined to revolutionize the culinary world and who remains one of the greatest cooks of the nineteenth century.

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