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Little Girls Can Be Mean: Four Steps to Bully-proof Girls in the Early Grades

Michelle Anthony M.A. Ph.D., Reyna Lindert Ph.D.

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Worried about mean girls? Help your daughter respond and react to bullying where it starts---in elementary school

As experts in developmental psychology and each a mother of three, Dr. Michelle Anthony and Dr. Reyna Lindert began noticing an alarming pattern of social struggle among girls as young as five, including their own daughters. In today's world, it is likely that your daughter has been faced with bullying and friendship issues, too---and perhaps you're at a loss for how to guide her through these situations effectively. *Little Girls Can Be Mean* is the first book to tackle the unique social struggles of elementary-aged girls, giving you the tools you need to help your daughter become stronger, happier, and better able to enjoy her friendships at school and beyond.

Dr. Anthony and Dr. Lindert offer an easy-to-follow, 4-step plan to help you become a problem-solving partner with your child, including tips and insights that girls can use on their own to confront social difficulties in an empowered way. Whether your daughter is just starting grade school or is already on her way to junior high, you'll learn how to:

OBSERVE the social situation with new eyes
CONNECT with your child in a new way
GUIDE your child with simple, compassionate strategies
SUPPORT your daughter to act more independently to face the social issue

By focusing squarely on the issues and needs of girls in the years before adolescence, *Little Girls Can Be Mean* is the essential, go-to guide for any parent or educator of girls in grades K-6.

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Lynn Groff:

Little Girls Can Be Mean: Four Steps to Bully-proof Girls in the Early Grades can be one of your basic books that are good idea. We all recommend that straight away because this guide has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The author giving his/her effort to get every word into pleasure arrangement in writing Little Girls Can Be Mean: Four Steps to Bully-proof Girls in the Early Grades although doesn't forget the main position, giving the reader the hottest in addition to based confirm resource info that maybe you can be certainly one of it. This great information can certainly drawn you into new stage of crucial contemplating.

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