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Eating Wildly: Foraging for Life, Love and the Perfect Meal

Ava Chin

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In this touching and informative memoir about foraging for food in New York City, Ava Chin finds sustenance...and so much more.

Urban foraging is the new frontier of foraging for foods, and it's all about eating better, healthier, and more sustainably, no matter where you live. *Time* named foraging the "latest obsession of haute cuisine." And while foraging may be the latest foodie trend, the quest to connect with food and nature is timeless and universal.

Ava Chin, aka the "Urban Forager," is an experienced master of the quest. Raised in Queens, New York, by a single mother and loving grandparents, Chin takes off on an emotional journey to make sense of her family ties and romantic failures when her beloved grandmother becomes gravely ill. She retreats into the urban wilds, where parks and backyards provide not only rare and delicious edible plants, but a wellspring of wisdom.

As the seasons turn, Chin begins to view her life with new "foraging eyes," experiencing the world as a place of plenty and variety, where every element--from flora to fauna to fungi--is interconnected and interdependent. Her experiences in nature put her on a path to self-discovery, leading to reconciliation with her family and finding true love.

Divided into chapters devoted to a variety of edible/medicinal plants, with recipes and culinary information, *Eating Wildly* will stir your emotions and enliven your taste buds.

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Myra Lopez:

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Edward Apodaca:

A lot of people always spent their particular free time to vacation or go to the outside with them household or their friend. Are you aware? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity that's look different you can read any book. It is really fun for you personally. If you enjoy the book you read you can spent the whole day to reading a book. The book Eating Wildly: Foraging for Life, Love and the Perfect Meal it is very good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In case you did not have enough space to bring this book you can buy the actual e-book. You can m0ore easily to read this book through your smart phone. The price is not too expensive but this book features high quality.

Kai Martin:

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