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The Project Workout: The ultimate handbook of project and programme management

Robert Buttrick

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*Project Workout*is a valuable companion for project managers and executives at any level and a comprehensive resource for students of project management.

About the author

Robert Buttrickhas worked in project and programme management in many of the world's most turbulent industrial sectors,includingtelecommunicationsand system engineering. Recently he has been engaged on a £1bn program to implement health systems in the UK. Before taking up his corporate career in 1993, Robert was with PA Consulting Group, a management and technology consultancy. There, he specialized in business-led project management, advising clients such as Lloyds TSB Bank, National Rivers Authority, Property Services Agency, Avon Industrial Polymers, National Westminster Bank, and RHM.
Robert is a Master of Business Administration (Henley Management College), a Member of the Chartered Institute of Marketing, and a Member of the Institution of Civil Engineers. His main pastime is watercolor painting. His one, unknown, claim to fame is that he once stopped a column of Russian tanks dead in its tracks.
Robert can be contacted via his website, **www.projectworkout.com**.

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