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Natural Baby and Childcare: Practical Medical Advice and Holistic Wisdom for Raising Healthy Children from Birth to Adolescence

Lauren Feder Md

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The Essential Parents' Guide to the Best Conventional and Natural Medicines for Your Child

From feeding to healing, clothing to washing, raising children naturally can be a daunting task--unless you know how. **Natural Baby and Childcare** shows you how to complement conventional therapy with natural treatments such as homeopathic and herbal medicine; how to bathe your child without using damaging chemicals; and how to find healthy, organic food for your baby. As a physician and a mom, Dr. Lauren Feder skillfully bridges the divide between medicine and motherhood, empowering parents to personalize traditional child-rearing practices to their own child.

Natural Baby and Childcare answers common questions such as:
***** Do homeopathic medicines have any side effects?
***** What alternatives are there to wasteful or harmful baby products, such as plastic diapers and chemical-laden diaper creams?
***** Can vaccines cause autism or Sudden Infant Death Syndrome?

In addition to shedding light on controversial topics such as antibiotic overuse and vaccination, Dr. Feder offers a complete A to Z guide to treating common childhood conditions naturally and a handy directory of easy-to-use natural medicines and home remedies. With information for children from birth to adolescence, **Natural Baby and Childcare** is a comprehensive, intelligent, practical, and reassuring guide to raising healthy and happy children.

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