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You Are Who You Eat, the Revolutionary New Cannibal Diet

Ina Silvert Hillebrandt, Uncle Dan Silvert

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You Are Who You Eat, the Revolutionary New Cannibal Diet Ina Silvert Hillebrandt, Uncle Dan Silvert "Lay off fried people" and other lo cal tips make "You Are Who You Eat" the ideal weight loss guide for anyone - cannibal and civilian alike - who has trouble stopping after that first bite. And for people who relish cannibal jokes. Mouth-watering illustrations, previously unpublished, are by the late "Playboy," "Esquire," and "The New Yorker" cartoonist Dedini. Former chubby teen-consultant-to-Weight Watchers Ina Silvert Hillebrandt created the diet and cooking tips, along with ideas to nourish the inner cannibal while slimming down. Uncle Dan tossed social satire into the pot -- his recipe for skewered presidents is to die for, and this cooking tip, Use Oil of Ole when sauteeing Spaniards, makes so much sense when you see how he fleshes it out.

HONORS Publisher Pawpress is proud to note that in February 2016, "You Are Who You Eat" was added to the collection of The Billy Ireland Cartoon Library & Museum at Ohio State University, where a number of original cartoons featuring Dedini signature luscious women and lascivious men, along with other art, are housed.

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