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Tears of Sadness: Coping with Postpartum Depression

Marie Beckham

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Tears of Sadness: Coping with Postpartum Depression Marie Beckham
Marie Beckham and her husband were married thirteen years when they decided to have a baby. They knew it would be an adjustment, but they never imagined their world would be turned upside down by postpartum depression. Plagued by intrusive thoughts, she battled constant negativity within herself. The fear, anxiety, and sadness she felt demanded she seek help. For the love of her child, she fights to take her life back.

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