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Psychiatric and Mental Health Nursing Demystified

Jim Keogh

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The quick and easy way to master psychiatric and mental health nursing and use your knowledge in real-world situations

If you're looking for a fun, fast review that boils psychiatric and mental health nursing down to its most essential, must-know points your search ends here! *Psychiatric and Mental Health Nursing Demystified* is a complete yet concise overview of this field, including neurobiology, pharmacology, therapeutic communication, psychiatric assessment, theoretical models of care, and more. You will learn about hallmark signs and symptoms, treatment, and nursing intervention so you have the knowledge to help your patients as a student and as a nurse once you start your career.

This fast and easy guide features:

- Learning objectives at the beginning of each chapter
- A foundation in psychiatric and mental health nursing topics
- A final exam at the end of the book
- A time-saving approach to performing better on an exam or at work

Simple enough for a student, but comprehensive enough for a professional, ***Psychiatric and Mental Health Nursing Demystified*** *is your shortcut to mastering this critical topic.*

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