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Painless Presentations: The Proven, Stress-Free Way to Successful Public Speaking

Lenny Laskowski

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A simple road map to the world of professional presentations

What happens when you're asked to give a speech, professionally or personally? If you get nervous, start sweating, and hope it's all just a bad dream then you aren't alone, but you need help. *Painless Presentations* proves that speaking doesn't have to be painful, or even stressful. A speech is a means to giving great, helpful material to an audience and the speaker is the vehicle to achieve that goal. This simple-to-read book guides those just beginning their journey into the world of speaking. *Painless Presentations* teaches the "Dozen Deadly Dangers" to avoid and much more.

- Explains how to gather information and materials
- Details the structure of a presentation
- Describes uses of visual aids and vocal variety
- Demonstrates how to handle questions

Painless Presentations offers wisdom derived from Lenny Laskowski's thirty-five-year speaking career, delivering more than 2,700 programs to clients in over 178 countries. It will give you no-sweat tips for delivering speeches that win over your audiences every time and teaches you that giving speeches doesn't have to be painful.

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