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Healing Herbs of the Upper Rio Grande: Traditional Medicine of the Southwest

L M S Curtin

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Healing Herbs of the Upper Rio Grande: Traditional Medicine of the Southwest L M S Curtin
This is the landmark ethnobotanical book by L. S. M. Curtin, who learned herbal medicine firsthand from Spanish and Native American folk healers, midwives, and elders. Revised and updated by eminent herbalist Michael Moore, this is a fascinating and useful guide for anyone.

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