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# Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series)

*Stephen Arterburn, Shannon Ethridge*

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**Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series)** Stephen Arterburn, Shannon Ethridge
Guys Aren't the Only Ones Fighting a Battle for Purity.

The world you live in promotes sex as the answer to just about everything. The pressure to go along with the crowd is greater than ever before, and it's easy to compromise in little ways that are a lot more harmful than they seem. You and your friends may become caught up in destructive relationships or sexual activities without even knowing how you got there. You just want to be normal–to fit in, to be liked, to look attractive to the opposite sex. But are you paying too high a price?
This counterpart to the award-winning *Every Young Man's Battle* can help you:

· learn how the sexual battle begins in your heart and mind
· understand your hunger for attention from guys
· recognize and avoid the potential pitfalls awaiting young women on the journey toward adulthood and possibly marriage
· find out how the media, novels, fashion, internet chat rooms, and body and beauty obsessions influence your sexual choices–and what you can do about it
· guard your mind, heart, and body against sexual and emotional compromise
· develop a deeper, more satisfying level of intimacy with God

Whether you have so far protected yourself emotionally and sexually, feel that you've been robbed of your purity, or have given in to temptation in some way, this book can help you achieve or reclaim sexual integrity. It can also guide you through the temptations and pressures of young adulthood while demonstrating how you can live your life to the fullest–without regrets.

*From the Trade Paperback edition.*

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**Dolores Albert:**

Spent a free time to be fun activity to do! A lot of people spent their down time with their family, or their particular friends. Usually they undertaking activity like watching television, likely to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Will you something different to fill your

own personal free time/ holiday? May be reading a book may be option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to consider look for book, may be the book untitled Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series) can be great book to read. May be it might be best activity to you.


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