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AIDS and Mental Health Practice: Clinical and Policy Issues (Haworth Psychosocial Issues of Hiv/Aids)

R Dennis Shelby, Michael Shernoff

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Addressing contemporary issues faced by individuals with HIV/AIDS, AIDS and Mental Health Practice: Clinical and Policy Issues provides psychologists, psychiatrists, social workers, and counselors with research and case studies that offers models for effective clinical practice at this stage of the epidemic. Each chapter is written by experts in the field and demonstrates ways to provide better services to different populations, many of whom are ignored in AIDS and mental health literature. As a result, this book will provide professionals in the field and students in training with the most current practice information about mental health practice and HIV/AIDS. AIDS and Mental Health Practice will help you understand the diverse needs of people with HIV/AIDS and organize services to assist these populations.
AIDS and Mental Health Practice discusses issues that affect several different groups in order to help you understand the unique situations of your clients. You will learn how to design treatments that will be most beneficial to Latinos, intravenous drug users, orphaned children, African Americans, HIV-negative gay men, HIV nonprogressors, HIV-positive transsexuals, end-stage AIDS clients, couples of mixed HIV status, and individuals suffering from HIV-associated Cognitive Motor Disorder. This book provides you with approaches that will improve services for these populations, including:

- talking to patients about the positive and negative aspects of taking protease inhibitors and discussing their feelings of hope, skepticism, and fear of being disappointed by the treatment
- preparing clients to go back to work by exploring the meaning of work and referring them to vocational services if necessary
- providing support groups for people living with AIDS (PLWAs), their loved ones, their families, and individuals in bereavement as a result of an AIDS-related death
- organizing a HIV-negative gay men’s support group that uses exercises and homework to focus on the members’ambivalent connection to the AIDS community, how they remain HIV negative, and ways to deal with separation and grief issues
- assessing and/or correcting underlying racism in AIDS service organizationsThe prevention and intervention strategies in Mental Health and AIDS Practice will help you address and treat mental health issues associated with HIV/AIDS and offer clients more effective and relevant services.

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