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Breastfeeding: What Nobody Is Talking About

Latonya Harding

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For many years, scientists have been playing out the ingredients that make breast milk the perfect food for babies. They've discovered to day over 200 close compounds to fight infection, help the immune system mature, aid in digestion, and support brain growth - nature made properties that science simply cannot copy.

The important long term benefits of breast feeding include reduced risk of asthma, allergies, obesity, and some forms of childhood cancer. The more that scientists continue to learn, the better breast milk looks.

In this ebook, you'll find helpful tips on

-What Everyone Ought To Know About Breastfeeding
-6 Things You Didn't Know About Breastfeeding
-Breastfeeding Complications
-And More

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