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Modern Pioneering: More Than 150 Recipes, Projects, and Skills for a Self-Sufficient Life

Georgia Pellegrini

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Modern Pioneering: More Than 150 Recipes, Projects, and Skills for a Self-Sufficient Life Georgia Pellegrini
A cookbook and backyard gardening and homesteading guide for women who want to grow food efficiently, cook seasonal recipes, or even try foraging, camping, and living off the land.

Self-sufficiency is the ultimate girl power

Georgia Pellegrini, outdoor adventurer and chef, helps you roll up your sleeves and tap into your pioneer spirit. Grow a small-space garden and preserve a little deliciousness for the cold months; assemble the makings of a self-sufficient pantry; learn to navigate without a compass for your next camping trip; or even forage for plants that give you energy.
Whether you're a full-time homesteader, a weekend farmer's market devoté, or anyone looking to do more by hand, this overflowing resource will help you hone new skills in the kitchen, garden, and great outdoors. It includes:

- **More than 100 recipes** for garden-to-table dishes, preserves, and cured foods
- **Small-space gardening advice** on building a raised bed, choosing what to grow, and saving seeds
- **DIY projects,** such as Mason jar lanterns and homemade notecards
- **Superwoman skills** like assembling a 48- hour survival toolkit in an Altoids tin

Packed with beautiful photographs and illustrations, *Modern Pioneering* proves that becoming more self-sufficient not only means being empowered, but also having a lot more fun.

From the Trade Paperback edition.

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