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Secrets of the Samurai: The Martial Arts of Feudal Japan

Oscar Ratti, Adele Westbrook

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***Secrets of the Samurai* is the definitive study of the martial arts of feudal Japan, explaining in detail the weapons, techniques, strategies, and principles of combat that made the Japanese warrior a formidable foe.** Beginning with a panoramic survey of the tumultuous early struggles of warlords contending for political ascendancy, the work outlines the relentless progression of the military class toward absolute power. In addition to illustrating actual methods of combat, the authors discuss in detail the crucial training necessary to develop a warrior's inner power and to concentrate all his energies into a single force.

Secrets of the Samurai is an essential text for anyone with an interest in Japanese combat techniques, weaponry, or military history. This edition also contains a new foreword by Adele Westbrook and numerous previously unpublished illustrations by Oscar Ratti. Chapters include:

- The Bushi
- The Heimin
- The Centers of Martial Instruction
- Armed Bujutsu
- Unarmed Bujutsu
- Control and Power
- Strategic Principles
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