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Interpersonal Psychotherapy 2E A Clinician's Guide

Scott Stuart, Michael Robertson

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Interpersonal Psychotherapy 2E A Clinician's Guide Scott Stuart, Michael Robertson
'This book provides a very useful and thought-provoking account of a developing form of interpersonal psychotherapy and gives a clear guide for practising clinicians."
Psychological Medicine

First published in 2003, this groundbreaking text firmly established itself as a touchstone for all therapists using interpersonal psychotherapy (IPT).

Key features and benefits:

• A wealth of clinically-based descriptions and vignettes help bring the theory to life
• Numerous case studies highlight the key issues in IPT
• Reproducible diagrams and flowcharts for use by therapists and their patients
• Comprehensive coverage of key theoretical issues and an up-to-date critical appraisal of IPT research

New for the second edition:
• Extended coverage of the clinical adaptation of IPT to post-traumatic mental health and other new applications of IPT
• More on depression and common problems encountered in IPT
• Coverage of training and dissemination
• How to manage joint sessions and integrate techniques from other approaches and models

Interpersonal Psychotherapy: a clinician's guide is the international standard for the clinical trainee seeking an introduction to IPT as well as for instructors of psychiatry residents, psychology interns and graduate students, as well as social work students. It is an accessible reference for other mental health providers and primary care practitioners.

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