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# How to be a Caregiver for an Aging Parent with Dementia

*Lori Olson M.S.*

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**How to be a Caregiver for an Aging Parent with Dementia** Lori Olson M.S.
The world of a caregiver for an aging parent with dementia is an overwhelming one filled with a wide array of emotions. It is very difficult for those without first hand experience to fully appreciate the difficulties that caregivers face. The author and her sisters have been caregivers for their mother for 10 years and so the book provides an inside look at what it means to be a caregiver in the modern western world. This book is much more than the usual list of medical definitions and community resources; it is meant to provide information, support and hope. This book takes a fresh look at a health issue that is becoming increasingly prevalent and burdensome to individuals, families and society as a whole. It is a must read for caregivers and family members who are searching for meaning, healing and balance in the midst of crisis.

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