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Dormiveglia (Italian Edition)

Valentina Nizardo

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Dormiveglia (Italian Edition) Valentina Nizardo
“Io devo essere matta per davvero … poi bisogna vedere cosa si intende per essere matti…
Pensò Agata, mentre rispondeva a un telefono muto.
Stava mettendo a fuoco il suo stato del momento: malessere, agitazione, tachicardia, occhi gonfi, pancia gonfia e residui di una notte cominciata insonne, passata per latte-e-biscotti e finita nell’Alprazolam.
Risultato: stato confusionale, ovattatura, mal di pancia, colite e senso di disadattamento.”
Ma che ci vuoi fare? La vita è fatta anche di queste cose e quella della protagonista di Dormiveglia non si può certo dire felice: Agata è leggermente psicolabile, non riesce ad avere rapporti con le persone senza incasinarli, ha una famiglia andata ben oltre all’orlo della crisi e ha appena perso il suo migliore amico in un tragico incidente sul lavoro. Perfino la sua psicologa non vuole più saperne di lei.
Ma ad Agata non interessa più niente perché è proprio e solo ora che ha trovato di meglio da fare che continuare a lamentarsi: ha scoperto la vita.
Dormiveglia è un omaggio allo Xanax, al panico e all’ansia; alle paure, alle insicurezze e alle dipendenze; alle risate, alla birra e agli amici; è un omaggio alla vita e a tutte le sue forme viste e vissute dagli occhi e dal cuore di un donna poco matura, ma quanto basta da poter rimboccarsi le maniche per poter cominciare ad essere felice. Felice davvero.

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