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The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload

Dr Elisa Port

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From an expert in the field comes the definitive guide to managing breast cancer in the information age—a comprehensive resource for diagnosis, treatment, and peace of mind.

The breast cancer cure rate is at an all-time high, and so is the information, to say nothing of the misinformation, available to patients and their families. Online searches can lead to unreliable sources, leaving even the most resilient patient feeling uneasy and uncertain about her diagnosis, treatment options, doctors, side effects, and recovery. Adding to a patient's anxiety is input from well-meaning friends and family, with stories, worries, and opinions to share, sometimes without knowing the details of her particular case, when in reality breast cancer treatment has gone well beyond a "one size fits all" approach. Elisa Port, MD, FACS, chief of breast surgery at The Mount Sinai Hospital and co-director of the Dubin Breast Center in Manhattan, offers an optimistic antidote to the ocean of Web data on screening, diagnosis, prognosis, and treatment. Inside you'll discover

• the various scenarios when mammograms indicate the need for a biopsy
• the questions to ask about surgery, chemotherapy, radiation, and breast reconstruction
• the important things to look for when deciding where to get care
• the key to deciphering complicated pathology reports and avoiding confusion
• the facts on genetic testing and the breast cancer genes: BRCA-1 and BRCA-2
• the best resources and advice for those supporting someone with breast cancer

From innovations in breast cancer screening and evaluating results to post-treatment medications and living as a breast cancer survivor, Dr. Elisa Port describes every possible test and every type of doctor visit, providing a comprehensive, empathetic guide that every newly diagnosed woman (and her family) will want to have at her side.

Praise for *The New Generation Breast Cancer Book*

"One book you need . . . If you're considering your options for treatment or know someone who is, this step-by-step guide, *The New Generation Breast Cancer Book*, is essential reading."***—InStyle***

"Elisa Port, M.D., is the doctor every patient deserves: brilliant and compassionate. Her book will be a sanity saver and, quite possibly, a life saver."**—Geralyn Lucas, author of *Why I Wore Lipstick to My Mastectomy***

"As up-to-date as one can get, with lots to offer people facing a cancer diagnosis or hoping to support someone with the disease."***—Library Journal*** **(starred review)**

"*The New Generation Breast Cancer Book* helps you sort through all the information you've gathered, clarify the terminology, consider the options, and make the right decisions for your unique case."**—Edie**

Falco

“A lifeline for many women in need of today’s most up-to-date choices for treatment . . . Everyone should read this book for themselves, their mothers, grandmothers, daughters, and friends.”**—Kara DioGuardi, Grammy-nominated songwriter, music executive, and Arthouse Entertainment co-founder**

“The book is teeming with easy-to-understand medical explanations, tips, takeaways, and pro-and-con discussions of various courses of action. Port also includes two extremely useful appendices that respectively take on common myths and answer questions frequently asked by friends and family. This is a vital read that will empower men and women alike.”***—Publishers Weekly***

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From reader reviews:

Leonard Parnell:

Now a day those who Living in the era just where everything reachable by connect with the internet and the resources in it can be true or not need people to be aware of each data they get. How people have to be smart in acquiring any information nowadays? Of course the answer then is reading a book. Reading a book can help persons out of this uncertainty Information mainly this The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload book because this book offers you rich info and knowledge. Of course the data in this book hundred % guarantees there is no doubt in it you may already know.

William Jewell:

A lot of people always spent their free time to vacation or maybe go to the outside with them family members or their friend. Did you know? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity this is look different you can read the book. It is really fun for yourself. If you enjoy the book that you read you can spent all day long to reading a guide. The book The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload it is very good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. In case you did not have enough space to develop this book you can buy the actual e-book. You can m0ore easily to read this book out of your smart phone. The price is not to fund but this book features high quality.

Melanie Roberts:

Playing with family within a park, coming to see the marine world or hanging out with buddies is thing that usually you could have done when you have spare time, and then why you don't try thing that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload, it is possible to enjoy both. It is excellent combination right, you still want to miss it? What kind of hang type is it? Oh can occur its mind hangout men. What? Still don't obtain it, oh come on its named reading friends.

Barbara Lewis:

As a student exactly feel bored for you to reading. If their teacher requested them to go to the library or make summary for some book, they are complained. Just very little students that has reading's soul or real their hobby. They just do what the educator want, like asked to the library. They go to presently there but nothing reading seriously. Any students feel that looking at is not important, boring along with can't see colorful

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