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The Light Side of the Moon: Reclaiming Your Lost Potential

Ditta M. Oliker

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Learn about the unconscious survival systems developed in childhood to protect ourselves. Ditta M. Oliker shows us how to recognize and dismantle these systems now that they have outlived their usefulness and how to achieve personal fulfillment in the present.

Ditta M. Oliker, PhD, is a founding member of Los Angeles' Mark Taper Forum. Her PhD in Clinical Psychology is from CSPP, Los Angeles, and she has been in private practice for more than thirty years. She is a frequent lecturer at universities and mental health facilities.

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