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Obesity During Pregnancy in Clinical Practice

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Obesity During Pregnancy in Clinical Practice

Obesity During Pregnancy in Clinical Practice
This book summarizes the effects of overweight/obesity in the childbearing years that can be effectively communicated to patients by their providers in a busy practice setting, and provides concise and understandable summaries of the evidence-based, theory-driven lifestyle interventions that have been shown to be effective for weight loss and modifying the risk of developing diabetes and obesity.

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