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Crystal Resonance: Combining Gemstones, Essential Oils & Flower Essences for Enhanced Well-Being

Kerry Nelson Selman

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Join author Kerry Nelson Selman as she shows how to create combinations of crystals, essential oils, and flower essences to benefit your whole being. *Crystal Resonance* provides easy-to-follow instructions for using these complementary tools of the Earth, helping you:

- Achieve relaxation and a sense of purpose
- Create balance in your energetic and physical bodies
- Realign your mind and emotions
- Enhance your personal strength and protection
- Receive guidance from archangels and spirit guides

Featuring meditations, affirmations, and inspirational stories of the author’s own struggles and triumphs, this book is the perfect choice for healing with the profound blessings of Mother Earth.

Includes beautiful full-color photographs of crystals

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