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Instant Gratification: No-Hassle Desserts in Just About No Time

Lauren Chattman

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Good news:Lack of time is no longer an excuse for not making dessert. Pastry chef and busy mom Lauren Chattman offers 110 foolproof desserts that can be put together in less than fifteen minutes.

These amazing desserts are created by someone who truly understands what it means to cook against the clock. Using quality ingredients and the best of convenience foods, Lauren shares her favorite professional tips and shortcuts, like how to turn wonton wrappers into sweet and crisp "shortcakes" and using crumb cursts instead of time-consuming pastry doughs for pies.

Instant Gratification features streamlined, refined versions of beloved classics: Plum Brown Betty, Blueberry-Walnut Crisp, and warm brownies and ice cream. When a spoonful of comfort food is in order, you'll find succor with Banana-Caramel Bread Pudding, Tea-Infused Panna Cotta, and Buttery Butterscotch Pudding. Company coming? In the blink of an eye, you can whip up Champagne Sabayon with Blackberries or Flourless Chocolate-Almond Cake. Bake sale tomorrow? Throw together some almost-instant Deluxe Four-Layer Bars. And when your sweet tooth really demands immediate satisfaction, there's an entire chapter with sweets that can be made and on the table in less than a quarter of an hour.

Every recipe features an equipment list so that no time will be lost fiddling in the kitchen looking for the right utensil. *Instant Gratification* is all about delicious desserts--and this book shows that it doesn't take long to make them.

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