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Counselling Psychology: Integrating Theory, Research and Supervised Practice

Professor Petruska Clarkson

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Counselling psychology, a rapidly expanding mental health discipline, is rooted in academic psychology and therefore has unique potential of develop and sustain a powerful model for the integration of research and practice. This is the argument of this pioneering book, which brings together contributions from many leading counselling psychologists to show how practitioners are already working along these lines, and how the model can be developed for the future.
The aim of the book is to bridge the divide between academic psychology and counselling practice and to encourage professionals to bring ethically aware and culturally sensitive research into the consulting room. It provides a secure grounding for trainees and an excellent resource for experience practitioners.
Counselling Psychology:
* defines and contextualizes the discipline
* examines its potential for future development
* shows how research integrated with supervised practice can be applied in professional settings.

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